



डा. बी आर अम्बेदकर राष्ट्रीय प्रौद्योगिकी संस्थान, जालंधर
Dr. B R AMBEDKAR NATIONAL INSTITUTE OF TECHNOLOGY, JALANDHAR
जी टी रोड बाई पास, जालंधर-१४४०११, पंजाब
G T Road Bye Pass, Jalandhar-144011, Punjab
Office of Dean Student Welfare

Ref.No/ NITJ/DSW/ 993

Dated: 22/11/2022.

NOTICE

This is to bring to the notice of all the students that the Psychologist is available for counselling in the Institute dispensary as per the following schedule:

Day – Every Wednesday and Saturday

Time – 1.00 pm to 3.30 pm

Moreover, the students experiencing serious psychological distress can also take helps from the following NGOs

1. Samaritans- 8422984528/29/30 (Available from 4 pm - 9 pm on all days)
2. Aasra- 9820466726 (24 hours, 7 days a week)

Dean (Student Welfare)

Cc to:

1. All HoDs – with a request to display this notice on the Departmental notice boards.
2. Chief Warden/ All wardens- with a request to display this notice in the all hostels notice boards.
3. Medical Officer (Institute Dispansary)- with a request to display this notice in the dispensary notice board.
4. Webmaster- With a request to display this notice on the Institute Website at Student Corner.